



# Summit Family Dental

8136 21 MILE ROAD, SHELBY TOWNSHIP, MICHIGAN, 48317  
(586) 726-0606

## JANUARY 2025 NEWSLETTER



Happy New Year! I hope that you were all able to enjoy some special moments with family and friends over this past holiday season. It was so nice to have both my kids home for almost a month! We were able to go up north for a few nights of skiing. As per typical Michigan weather, it was raining during our visit. We still were able to make the best of the situation in, and get some good skiing in together. It was fun to see my kids ski so confidently. I was always the last one down the hill! I am excited for this year ahead at Summit and am grateful you choose us for your dental health and hope to always give you the best experiences!

*Dr. Krista Wortman*

## FACTS ABOUT DENTAL INSURANCE

The thing about dental insurance is that it isn't really insurance—it's more like a half-helpful discount plan with a maximum. And once you reach the maximum, you're on your own, often to the tune of hundreds and thousands of dollars. As though going to the dentist needed to be less fun. Real insurance protects you from catastrophic costs—dental insurance does not. Most routine dental care—cleanings, exams, and preventative measures—cost less out-of-pocket than what you'd paid for dental insurance premiums over the year. True insurance covers unpredictable high costs events like cancer treatment or major surgery, to protect you from financial ruin. Dental insurance does not do this. Dental insurance caps benefits at \$1000 to \$2000 per year, so if you need something like a crown or root canal, anything beyond that maximum comes out of your pocket. It's a benefit, not insurance. Should you pay out-of-pocket dental insurance? If you get it through work, that's fine—treat it as a small benefit. But if you're paying for it yourself, run the numbers. You could easily pay more premiums and copays than you spend on routine care. Save that money for cleanings and emergencies instead. Teeth are too often an afterthought, treated like hair and nails. But your teeth affect the health of your entire body, lungs, heart, brain, inflammation, even pregnancy outcomes. It's insane that medical insurance ignores the mouth—perfects one of the most important parts of the body when it comes to good health and good life.

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Here at Summit Family Dental we offer two in house insurances. We have the Gold Card membership plan for regular cleanings. This consists of one digital set of x-rays per year, two fluoride treatments per year, two professional cleanings per year, two doctor exams, two oral cancer screenings per year and a gum disease screening. If you need dental treatment then you would get 20% off what you need done. The cost is \$419 for an adult and \$349 for a child (15 years old and under). The other plan is our Perio Gold Card membership. This plan is for our patients who have had deep cleanings in the past or is in need for deep cleanings. This plan covers 20% off deep cleanings per quadrant, 20% off perio maintenance cleanings, a digital set of x-rays per year, two fluoride treatments per year, two doctor exams per year, a sleep disorder screening, two oral cancer screenings per year and a gum disease screening. The perio membership is \$289 for a year. Both memberships expire one year after purchased. If you don't have dental insurance and are interested in our Gold Plans, ask our front desk specialists to see which plan works for you!



Or call our office at 586-726-0606 for more details!



## TEAM HIGHLIGHT



Meet Amy, one of our fabulous front desk specialists. She grew up in Utica Michigan and graduated from Utica High School. After high-school, Amy continued her degree in Psychology.

Later, she went to Wayne State University for her Master's degree in teaching. She loves spending time with her family and 4 grandchildren. She enjoys music and spending time outside in nature, camping, going to the beach, and walking trails in the woods. Amy is looking forward to getting to know everyone and is very grateful to be a part of the Summit Family Dental Team



# WHAT OUR PATIENTS ARE SAYING ABOUT US

I BOOKED AN APPOINTMENT WITH SUMMIT BECAUSE OF THE FANTASTIC GOOGLE REVIEWS AND I WAS NOT DISAPPOINTED WITH MY VISIT. THE OFFICE WAS COZY AND WELCOMING WITH A CLASSIC ARCADE IN THE WAITING ROOM. THEY TOOK ME IN RIGHT ON SCHEDULE. HANNA WAS WELCOMING AND KARYN WAS GREAT, KARYN TOOK HER TIME WITH ME AND EXPLAINED EVERYTHING SHE WAS DOING. REALLY GLAD I FOUND THIS PLACE. ZENA M.

I CANNOT SAY ENOUGH GOOD THINGS ABOUT DR. MARK AND THEIR INCREDIBLE TEAM! RECENTLY, I HAD A CROWN REPLACED, AND THE CARE AND ATTENTION I RECEIVED WERE TRULY TOP-NOTCH. FROM THE MOMENT I WALKED IN, I FELT WELCOMED AND VALUED AS A PATIENT. THE PROCESS OF REPLACING THE CROWN WAS SEAMLESS, AND DR. MARK WENT ABOVE AND BEYOND TO ENSURE I WAS COMFORTABLE AND INFORMED EVERY STEP OF THE WAY. THEY TOOK THE TIME TO ANSWER ALL MY QUESTIONS AND MADE SURE I WAS HAPPY WITH THE RESULTS. THANK YOU, SUMMIT FAMILY DENTAL, FOR YOUR OUTSTANDING WORK AND FOR ALWAYS MAKING YOUR PATIENTS A PRIORITY. I'M SO GRATEFUL TO HAVE FOUND A DENTAL OFFICE THAT GENUINELY CARES! CHRISTINE M.

THIS WAS MY FIRST VISIT WITH THIS PRACTICE. I DIDN'T HAVE TO WAIT FOREVER OR GO AT ODD HOURS AS A NEW PATIENT. DR. KRISTA AND CAROLYN WERE VERY KIND AND GENTLE, AS WELL AS A WEALTH OF KNOWLEDGE, AND I LEARNED SO MUCH AT MY APPOINTMENT. I BROUGHT 2 OF MY 3 KIDS IN, AND MY 3RD AND HUSBAND WILL BE MAKING APPOINTMENTS SOON. HIGHLY RECOMMEND! CARRIE I.

## NEW CONTEST: RING IN THE NEW YEAR WITH A BRAND NEW OURA RING!!

THE OURA RING FOCUSES PRIMARILY ON SLEEP AND 'READINESS', AND GIVES YOU A SCORE OUT OF 100 EACH MORNING BY MONITORING HOW WELL YOU SLEPT AND RECOVERED, ESTABLISHING HOW PREPARED YOUR BODY IS FOR THE DAY AHEAD.

**DRAWING WILL BE  
HELD MARCH 31ST 2025**



WHAT DOES THE OURA RING DO?  
THE OURA RING USES THREE SMALL SENSORS IN THE INTERIOR OF THE RING EQUIPPED WITH INFRARED LIGHT PHOTOPLETHYSMOGRAPHY TO TRACK USERS' HEART RATE, BLOOD OXYGEN, BREATHING REGULARITY, HEART RATE VARIABILITY, TEMPERATURE, ACTIVITY, AND SLEEP.



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## INSIDE ISSUE SUMMIT FAMILY DENTAL'S NEWSLETTER

## CHEW ON THIS!

- Facts about dental insurance
- Team highlight
- Patient Reviews
- New contest: Oura Ring
- HAPPY NEW YEAR!

*Happy  
New Year*



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