# FEBRUARY 2022 NEWSLETTER CHEW ON THIS!

Summit Family Dental 8136 21 MILE ROAD, SHELBY TOWNSHIP, MICHIGAN, 48317



Well, I hope you are staying warm and doing well after our recent big snowfall! This time of year, we like to all get togtether outside of the office and have a meeting to celebrate the past year, and make plans for the year ahead. We had a wonderful meeting! Awards and recognitions were given to some of the team members, We also looked back on things that we have added to help improve our patients' overall health. Two big additions are a home sleep study device and a computer to scan a patient's airway. These will be very helpful in screening and treating patients for sleep related breathing disorders such as sleep apnea. One improvement planned for this year, is also a renovation of our reception area. We plan on adding new furniture, improved lighting, and a beverage & snack area for your convenience. All of us here at Summit want to thank you for your support and referrals in helping us to have our biggest growth year ever! We are so thankful and appreciative! Looking forward to seeing you at SFD,

### February is National Children's Dental Health Month

This year's theme of National Dental Month is "Sealants Make Sense" Dental sealants are thin, plastic coatings painted on the chewing surfaces of the teeth. While they are not substitutes for daily brushing and flossing, dental sealants can prevent cavities from forming. Dental sealants work as their name implies--they seal and protect the teeth. Dentists and hygienists place them over the grooved and pitted areas that exist in molars. Sometimes, the grooves in these teeth are narrower than a single toothbrush bristle, making them quite challenging to clean, especially for children. In addition without proper oral hygiene, plaque forms on the surface of the teeth, and over time, it creates a small hole known as a cavity. Once applied, dental sealants add an extra layer of protection over these hard-to-brush areas by creating a smooth surface to keep food out and your child's teeth cavity free. We recommend that children between the ages of 6-14 receive sealants. A child's first molar breaks through around 6, while the 2nd molars appear around age 12. Most dentists recommend sealing these teeth as soon as they come through to protect them from tooth decay. So how are sealants applied you ask? First your dentist or hygienist cleans and dries the tooth, Then, they apply an acidic gel to slightly roughen up the tooth's surface to make it easier for the dental sealant to adhere to the tooth. After a few seconds, they rinse the gel off and clean and dry the tooth more than once. Finally, the dentist or hygienist applies the liquid sealant to the tooth and uses a blue light to harden it. the process is quick, easy and painless!

#### sealants continued from page 1

Early cavity prevention can help eliminate the need for future (and sometimes costly) dental treatments like fillings and crowns. The only potential side effect of dental sealants is a possible allergic reaction to them. However, this reaction is infrequent. If you have any questions about the procedure, the best approach is to speak with your dentist or dental hygienist. They will be able to answer any questions.

#### **SEALANTS WORK**

Sealants on permanent molars reduce the risk of cavities by 80%.





### Team Highlight: MEET JOSCELYN

Welcome Joscelyn! One of our new hygiene assistants. She currently completed her studies at Macomb and Oakland Community college. She would like to further her education at Ferris State University pursuing a career in Dental Hygiene. She is passionate about learning new skills so this job has been amazing. On her spare time she likes to exercise, bake and she enjoys hanging out with friends and family



What do we want? GOOGLE REVIEWS!! When do we want them? RIGHT NOW WITH OUR QR CODE ABOVE!

#### WHAT OUR PATIENTS ARE SAYING ABOUT US

The staff is always so pleasant. they got me in early for my x-rays and my cleaning. I was very pleased and my teeth are shiny and clean again. --Stephen F Love this place. Been going here for awhile with the family. They treat my kids amazing. I am totally scared of the dentist and they calmed me down and assured me its going to be ok and painless. And for the most part it is. Got a root canal coming up and I'm dreading it but I know it will be ok. Thanks ladies see you soon! Scott M.







### **PELOTON BIKE +**



#### WHO WANTS TO WIN THIS BEAUTY?

All you have to do is refer your friends or family and you get 3 entries to win this amazing Peloton Bike +. Or give us a Google Review and you will get 1 entry to win. Did you have a great visit? Say a testimonial and you can get some entries to win this Peloton Bike as well. What a perfect way to start your New Year's resolution to get in shape! The drawing will be held on April 28th, 2022. No time to waste. Summit Family Dental loves new patients and this is the perfect way to thank you. Happy New



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### INSIDE ISSUE SUMMIT FAMILY DENTAL'S NEWSLETTER

## **CHEW ON THIS!**

- National Children's Health Month
- Refer a friend to be entered to win a Peloton! Or give us a Google review too! Drawing on April 28th
- February Employee of the Month
- SFD'S Team Highlight

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