



Summit Family Dental

8136 21 MILE ROAD, SHELBY TOWNSHIP, MICHIGAN, 48317
(586) 726-0606

DECEMBER 2021 NEWSLETTER

CHEW ON THIS!



The Holiday season is upon us! We just celebrated together at Mac Ray Harbour for our annual Christmas Party. A great time was had by all. We did a raffle drawing for gifts for everyone, and the team did a secret Santa gift exchange. Karaoke was a big hit again, and could have sung all night! It was really great to get together and have some fun outside of the office. The end of the year is always a busy time, as patients want to make sure to have all their treatment done before their Insurance renews in January. We hope that you all have the most wonderful time this Holiday season with your family and friends.

Merry Christmas

REGULAR CLEANING VS. PERIODONTAL MAINTENANCE...



THAT IS THE QUESTION ?



Patients often ask why they are having "periodontal maintenance" when all they want is to have their teeth cleaned. If your dentist or hygienist has recommended that you be scheduled for periodontal maintenance, or if you have noticed that there is a difference in billing for these procedures, here is a brief explanation: **PROPHYLAXIS, or REGULAR CLEANING**

A regular cleaning is recommended for patients who do not have bone loss or infection around the teeth. There should be no bleeding, mobility of the teeth, receded areas, or gaps where the spaces around the roots of the teeth are exposed. In other words, the mouth should be healthy with no bone or gum problems. A regular cleaning, removes soft plaque, tartar, and stains from the teeth above the gum line, and only slightly below. It is usually done 2 to 3 times a year, depending on how quickly stain and tartar accumulate. It is considered a preventative procedure by your insurance carrier, since regular cleanings will help prevent periodontal disease. (continue to page 2)

PERIODONTAL MAINTENANCE

If you have periodontal disease that has resulted in bone loss, gum "pockets" deeper than 4mm, bleeding gums, exposed root surfaces, or if you have had periodontal root planning to treat periodontal disease, a regular cleaning is no appropriate. Periodontal maintenance is needed to maintain gum and bone health. This procedure includes removal of plaque and tartar from above and below the gum line, all the way down the length of each tooth to where the root, gum, and bone meet. Rough areas of the roots are smoothed if needed, pocket depths are carefully monitored, and inflamed pockets are irrigated with an antibacterial medicine called Chlorhexidine. Periodontal maintenance is considered a basic service by your insurance carrier, and may be subject to a yearly deductible. PM is usually performed 3 to 4 times a year, depending on several factors: how quickly the plaque and tartar accumulate, how much bleeding or inflammation is present, how stable the present condition is, how well you are able to maintain your teeth at home on a daily basis, and any health risk factors you may have. We know that there is a relationship between chronic inflammation in the gums and overall health, especially heart disease and diabetes. Keeping the gums and the bone surrounding your teeth as healthy as possible is an important part of your regular dental hygiene visits. If you have any questions at all pertaining to this matter, please don't hesitate to ask your hygienist. She will gladly go over any concerns you have!

Karyn Casey R.D.H

TIME IS RUNNING OUT!!



Every year, a few patients miss out on the dental treatment they need, deserve and have dental benefits to cover. Unfortunately, dental insurance dollars don't roll over into the next year, leading to a significant waste of your valuable, hard-earned money. But don't worry...there's still a few weeks left in 2021, so call us today and we can maximize your benefits before 2021 is over! No dental insurance? NO PROBLEM! We have an in-house plan for you! Ask our financial coordinators about our GOLD CARD!

Christmas Word Search



CANDY CANE
CAROLS
CHRISTMAS
DECEMBER
ELVES
GINGERBREAD
JINGLE

HOLLY
LIGHTS
MERRY
NORTH POLE
ORNAMENTS
PRESENTS
REINDEER

SANTA
SLEIGH
STOCKING
TREE
WINTER
WREATH



WHAT OUR PATIENTS ARE SAYING ABOUT US!

"I came to Summit a couple of years ago as an emergency patient. I was in excruciating pain with anxiety through the roof. Everyone in the clinic showed such compassion and provided the care I needed to get through this horrible dental issue. I've completed all of my necessary dental work and actually look forward to my routine exams. I would've never thought I would look forward to the dentist. They make the experience comfortable and truly show the empathy needed."

- Tina B.

I HAD A GREAT FIRST VISIT TODAY. THE STAFF WAS FRIENDLY AND VERY KNOWLEDGEABLE. THEY DISCUSSED PREVENTATIVE CARE IN DETAIL, GAVE ME GREAT OPTIONS AS FAR AS TAKING CARE OF MY TEETH AT HOME AND WERE VERY THOROUGH WITH THE EXAM. I WAS HAVING SOME ISSUES THAT I WANTED TO DISCUSS AND THEY TOOK THE TIME TO ANSWER ALL MY QUESTIONS AND DIDN'T MAKE ME FEEL RUSHED. BOTH THE DOCTOR AND HYGIENISTS DID A GREAT JOB AND I'M EXCITED TO HAVE FOUND AN AWESOME NEW DENTIST. KELLY M.

LAST CHANCE!!

**WIN \$2500!! VISA
Giftcard**

Refer your friends
and family and
receive 3 entries
into our drawing on
December 22nd

**OUR EMPLOYEE OF THE
MONTH FOR DECEMBER
CONGRATS KRISTIN!!**



Give the gift of a whiter smile!

**THE
PERFECT STOCKING
STUFFER**

Opalescence
go
WHITENING KIT

\$79.00





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INSIDE ISSUE
SUMMIT FAMILY DENTAL'S
NEWSLETTER
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- Regular cleaning vs. PM
- Refer a friend to be entered to win \$2500. Drawing December 22nd
- December Employee of the Month
- Merry Christmas from "our family to yours"



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Celebrate the spirit of the holiday season with the Macomb Ballet Company and support the local Macomb Center for the Performing Arts. The traditional holiday favorite, THE NUTCRACKER will be on December 17-19, 2021.