

### Summit Family Dental 8136 21 MILE ROAD, SHELBY TOWNSHIP, MICHIGAN, 48317

(586) 726-0606

#### SEPTEMBER 2023 NEWSLETTER



Hello! I hope everyone is soaking up these last few days of summer! I hate to see it come to an end, but, Mark and I are looking forward to college football season. This year, we will be rooting for Michigan State, as well as our alma mater, University of Michigan. Our daughter, Lauren, has just started her freshman year at MSU! Mark and I are officially "empty nesters", wow! Our hygienist, Karyn, has a great article about Invisalign treatment below. Not is it just for making your smile look better by straightening your teeth, it can also align your teeth to bite together more evenly to prevent "overloading" one tooth or teeth heavier than the others in your mouth, When this happens, you break teeth and that tooth would need a crown or may even need to be pulled. We are offering FREE SCANS of your bite, so ask for one the. next time you are here! On Xista Wortman

#### THE STARS ARE ALIGNED, WE THINK YOUR SMILE SHOULD BE TOO

Invisalign is the brand name of a type of thin clear aligner used in orthodontic treatment. This product is designed to make "braces" less conspicuous as the American Association of Orthodontists puts it. Although Invisalign may not be completely invisible, these clear coverings fit tightly over your teeth and are much less noticeable than the brackets and wires of traditional braces. Invisalign can be used for a variety of purposes, including crowding and spacing issues, as well as some mild and moderate bite issues. And did you know we do Invisalign at Summit Family Dental? Dr. Krista has been doing orthodontic braces and Invisalign for over 20 years! How convenient to get your teeth cleaned as well as having a consultation for Invisalign! For the month of September we are offering a great deal of flexible payment options to start your straight smile. Interested in having a whiter smile as well? You can even whiten your teeth while having your "attachments" on at the same time. The first step in the process involves a consultation visit where we will create a 3-D image of your mouth and jaw. We'll use this image to put together a plan for moving your teeth into their proper place. We'll then use that plan to create a series of customized plastic aligners. These aligners will apply pressure to your teeth, gradually shifting them and moving them into the desired places. Aligners are the perfect choice for someone who doesn't want to put their life on hold for orthodontic treatment. While we recommend 20-22 hours of wear each day for best results, you can take aligners out to eat your favorite foods, give a presentation, or have a dental cleaning. And the best part is there is no yucky impressions.

With our state of the art Itero 3-D scanner, no more messes and gagging for someone to say, "we didn't get a good mold, have to to it again!" And with Invisalign you are don't have to visit us every month instead like with traditional braces. With everyone's busy schedule in today's society this is a definite plus. So what are the cons of Invisalign? Well some complex cases may require more movement and traditional braces may be the better choice. This is why the consultation is so important. It's only a half an hour and it's FREE! Compliance is very important as well. You must wear the aligners for 20-22 hours a day and be responsible not to lose them. Remember to take them out to eat and drink so they will not get stained and food won't get trapped in them. Be sure to ask any questions at your next visit and make your appointment today.

Karyn Casey RDH



# SEPTEMBER EMPLOYEE OF THE MONTH. CONGRATULATIONS MARIAH!!



#### LAST MONTH TO WIN AN OONI OVEN



DRAWING TO BE HELD SEPT.29,2023

Your outdoor kitchen is complete with an OONI pizza oven! Cook authentic, delicious pizza right in your backyard.

REFER YOUR FRIENDS AND FAMILY TO BE ENTERED TO WIN!

#### WHAT OUR PATIENTS ARE SAYING ABOUT US

LOVE CAROLYN. SHE IS VERY CARING AND PROFESSIONAL. I HAVE BEEN A PATIENT HERE FOR YEARS. WHEN I WAS WORKING IN DETROIT, I NEEDED A DENTIST THAT TRULY HAD EVENING HOURS, THAT WOULD MAKE RECOMMENDATIONS BUT ALLOW ME TO MAKE MY OWN CHOICES. AFTER GOING THROUGH A NUMBER OF DENTISTS, I FOUND ALL OF THAT HERE AND NO LONGER HAD TO LOOK FOR A DENTIST! I WAS ALWAYS DR. MARK'S LAST PATIENT ON THURSDAY EVENING. WHEN MY HUSBAND'S DENTIST RETIRED, HE BECAME A PATIENT HERE. WOULD HIGHTLY RECOMMEND SUMMIT FAMILY DENTIST. BETH P.

FIRST OFF ID LIKE TO SAY THAT EVERYONE WHO WORKS AT SUMMIT IS RIDICULOUSLY KIND AND SWEET. I WENT IN TODAY FOR AN APPOINTMENT AND WAS HELPED BY BECKY AND DR. MARK. THEY WERE BOTH SO BUBBLY AND REALLY MADE MY EXPERIENCE THERE MUCH MORE COMFORTABLE! THEY WERE SO PROFESSIONAL WHILE STILL CRACKING JOKES AND MADE ME FEEL LIKE I WAS APART OF THEIR COMMUNITY. THERES A VERY CLEAR LINE BETWEEN HEALTHCARE WORKERS WHO JUST WANT TO GET A PROCEDURE DONE AND OVER WITH AND THOSE WHO REALLY CARE ABOUT THEIR CLIENTS, FROM MY EXPERIENCE I CAN DEFINITELY SAY THEY TRULY CARED AND IM VERY HAPPY I DECIDED TO STICK WITH THEM! SO, THANK YOU SUMMIT FAMILY DENTAL FOR THIS WONDERFUL EXPERIENCE, AS STRANGE AS IT MAY SOUND, I LOOK FORWARD FOR MY NEXT APPOINTMENT THERE!:) • NREC M.

Team Highlight: MEET MARIAH



Say Hi to Mariah, the newest addition to the hygiene family at Summit. She studied at Ferris State University and graduated in May of 2021. She's been at Summit for about a month now. Her goal with hygiene is to help patients feel at ease with their appointments and to reach their dental needs. She's originally from Grand Blanc and just moved to Rochester Hills, so the commute is much better for her. Mariah's family still resides in Grand Blanc. She is the youngest of four siblings with parents Sandy and Walter. She's very family oriented and loves hanging out with her kitty Memphis! Outside of Summit Family Dental, Mariah loves to work out, cook and spend time with her family. She just completed a 10 mile race that was one of her goals for the year. Great job Mariah! Let's give a warm welcome to her when you see her.





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#### **INSIDE ISSUE**

#### SUMMIT FAMILY DENTAL'S NEWSLETTER

#### CHEW ON THIS!

- Invisalign at Summit Family Dental
- September Employee of the month
- September contest to win an Ooni Pizza Oven
- Patient Reviews
- Team Highlight



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