



Summit Family Dental

8136 21 MILE ROAD, SHELBY TOWNSHIP, MICHIGAN, 48317
(586) 726-0606

MAY 2021 NEWSLETTER

CHEW ON THIS!



Thank you as always, for your
support of Summit!

Hello! I am so excited that it is May, and spring is here!
I love all the trees in bloom and how everything is
fresh and green.

This month, I decided to do invisalign on myself again.
I had braces as a teen, and my teeth inevitably shifted
later on, and I decided to straighten my teeth again. I
am turning 5-0 next month, and am starting to really
give myself the tune-up it needs!

Well, I my first few days with my invisalign trays in
were an experience! My teeth were sore and my
attachments took a little getting used to. I told Mark,
that now I can really empathize with my invisalign
patients! Invisalign treatment has come a long way
since the time I took the course around 20 years
ago. It's amazing what it can do to correct a smile now,
and I'm very excited to see my teeth straighten out!

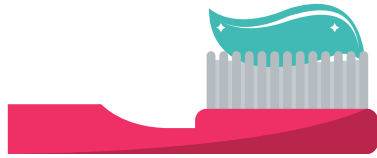
MAY IS NATIONAL DENTAL CARE MONTH

During the month of May, National Dental Care Month takes time to remind us of the importance of caring for our pearly whites. Many parents ask what is the best age to bring their children in for the first time to see the dentist. We start seeing kids as young as 2 years old, depending upon the child. I always recommend parents to bring their children to their appointments to get them familiarized with the atmosphere and the different sounds. The kids see that mommy and daddy are ok so when its their turn they feel more comfortable. Today, oral hygiene is learned at an early age. brush twice a day, floss, keep the sugary snacks to a minimum and see your dentist twice a year. That's what we learn. Beyond childhood, it seems, we forget all we have learned. A healthy smile requires healthy habits. Maintaining these habits reduce not only the risks of cavities and infection but the costs of long-term dental repairs. If it's been awhile since your last visit, understand that we as health care

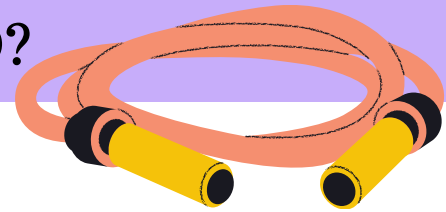
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dental care month continued...

providers appreciate your fears. We will do everything we can to alleviate your anxiety and get your smile back on track. National Dental Care Month brings awareness just in time for a summer, full of family reunions, weddings, and vacations. All times when we love to take pictures and smile! So get ready to take your mask off and SHINE! So, brush up on your dental care and make an appointment today to come and see us. We'd love to have your friends and family too. Plus, if you bring your friends to come and see us, you'll get 3 entries for our spring contest. An OONI pizza oven! How cool is that! Hurry the drawing for that is June 30th. You don't want to miss it!

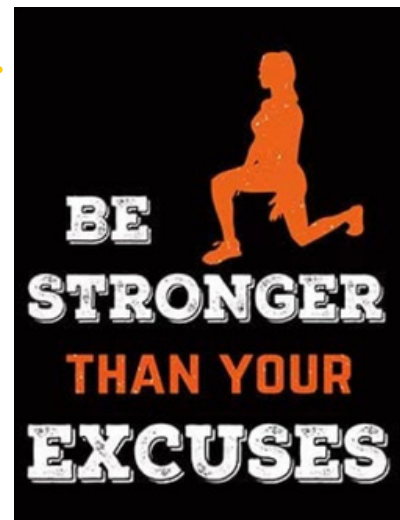
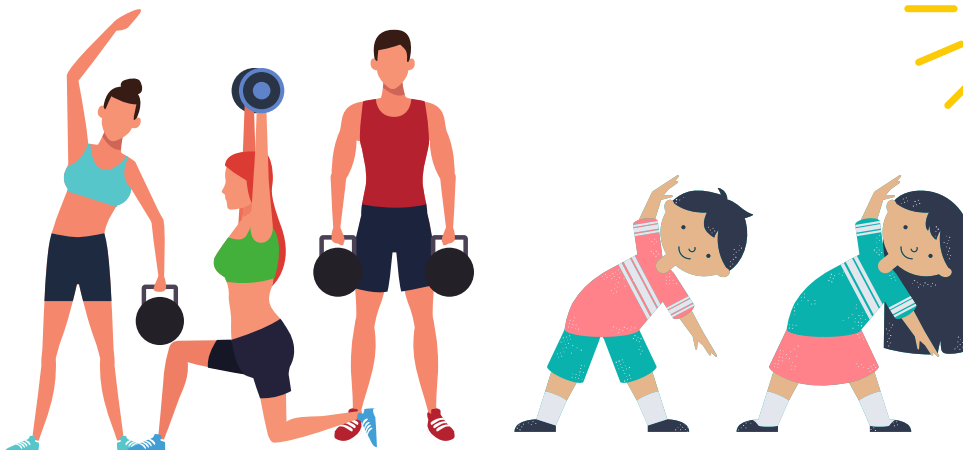
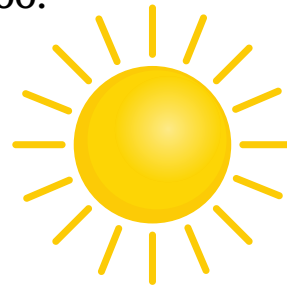


DID YOU KNOW MAY IS NATIONAL PHYSICAL FITNESS AND SPORT MONTH TOO?



Celebrate by promoting the importance of 60 minutes per day of physical activity for kids (and 30 minutes per day for adults) Bust out those hula hoops and jump ropes and compete with your family members for the longest hoop record or best jump rope trick! This is a great way to get moving and enjoy your family too. Anyone still have the Wii?

This is perfect for those rainy spring days where having to stay inside isn't so bad. Catching a little TV? Not a problem! Participate with your family and see if you can hold a plank for an entire commercial break or spend the breaks running in place for a quick and fun family workout. With technology these days there are also so many workout videos you can find on the internet. Or better yet, take your favorite furry friend for a walk when the sun comes out. Not only will you enjoy the vitamin D but your pet will too.



Team Highlight: MEET OLIVIA



Olivia started at Summit Family Dental a little over 3 months ago. She graduated from Baker College as valedictorian in 2009 and became a Registered Dental Hygienist. She is passionate about all aspects of her career and has genuine respect for her patients. She has a very outgoing, fun-loving, energetic personality and strives to make each patient comfortable. Olivia is 100% Italian and has a big love for family, culture and food. She enjoys cooking, traveling, dancing, and spending time with friends and family. She especially enjoys her 2 nieces and 2 nephews.



Refer a friend and receive 3 entries to win an Ooni Pizza Oven Ask someone for details Drawing June 30th, 2021

This place is absolutely incredible.. The facility is so nice and clean, and the staff are out of this world. You won't find a nicer group of people. I was just blown away by this place and the people, and I don't think I've ever said this about the dentist, but I can't wait to go back!Eric J

MONTHLY QUOTES

"...Mothers are like glue. Even when you can't see them, they're still holding the family together." Susan Gale



We are very thankful to have such amazing mothers' work in our office.

Krista, Karyn, Melissa, Carolyn and Julia



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INSIDE ISSUE SUMMIT FAMILY DENTAL'S NEWSLETTER

CHEW ON THIS!

- National Dental Care Month
- National Physical Fitness Month
- Team Highlight and Reviews
- Refer a friend to be entered to win an OONI outdoor pizza oven
Drawing June 30th 2021

