



# Summit Family Dental

8136 21 MILE ROAD, SHELBY TOWNSHIP, MICHIGAN, 48317  
(586) 726-0606

## MARCH 2023 NEWSLETTER



Hi! I hope you are doing well and getting ready for Spring to come! We are having a great contest this month. We partnered up with a local women-owned small business,

Ohana fitness gym. We are giving away a 3 month membership and also a \$150 gift card to Lululemon store for some gym clothes. Fitness is very important to me and will help keep your oral health, too. of your gingival tissues. Every year, for the past 13 years, I have been playing women's hockey. I didn't grow up ice skating, but it was pretty easy to learn, and helps having padded hockey equipment all over! It is a great cardio workout and so fun to be with a group of like-minded women. This month, I was able to skate at Yost arena for a game and it was an awesome experience! Good luck and can't wait to see who wins!



## HAPPY NATIONAL DENTIST DAY



The dentists are not the most popular people but they are the only one who keeps your teeth healthy and gives you a beautiful smile. National Dentist Day is celebrated to thank the dentist who helps us to keep our teeth healthy. This day is celebrated annually every 6th of March in India and the USA. The Dentist day i marked to honor dentists all over the world for their role in keeping us healthy and for giving us a healthy beautiful smile.

Not sure if this is a Hallmark holiday but I'd like to think so. The dentists are those doctors who have done specialization in oral health and their job is to prevent, diagnose and treat oral mouth and teeth diseases. It is one of the oldest medical specializations. There are many specialties in dentistry and on this special occasion, it is the best time to know and recognize them. Their contribution and responsibility towards dentistry includes: To prevent oral diseases and promote oral health. To diagnose oral disease such as mouth cancer etc. And to create a plan for the treatment to restore and master the oral health of patients.

*continue to pg 2*



Today, dentists are preferred as an important part of the medical and health system as they care for people who are suffering from severe tooth problems and the best part is they also perform surgeries to correct misaligned teeth and many other problems that are affecting the jaw and oral cavities. Some important dental tips which we can follow are.... Must brush your teeth twice per day for at least 2 minutes. Make an appointment and visit your dentist at least twice a year for a regular checkup. Some patients with periodontal problems should be seen more often. It is recommended to have a balanced diet and to drink a lot of water between meals, instead of juices or pop. Of course we like our patients to floss daily. So to celebrate National Dental Day, we can celebrate all month by letting our favorite dentist know how great they are. It can be as simple as showing up to your scheduled appointment!! We would love it too if you could tell your friends and family about Summit Family Dental. New patients are always welcomed!

*Karyn Casey RDH*



Fun pictures of our hygienist Karyn, speaking to preschoolers at St. Lawrence Catholic School in Utica about oral hygiene and their first visit to the dentist! So fun listening to these little ones' stories.

**MARCH  
GIVEAWAY!**

**3 MONTH**

**UNLIMITED  
PACKAGE TO**

**Ohana**  
FITNESS AND WELLNESS

**A \$471 VALUE!**

*Shape Up for  
Summer*  
**Compliments of**



**\$150 GIFT CARD  
TO**



**LULULEMON**

**WINNER  
WILL BE  
DRAWN  
MARCH 31ST**

# WHAT OUR PATIENTS ARE SAYING ABOUT US

I NEEDED A DENTIST RIGHT AWAY AND DID NOT LIKE THE LAST DENTIST I SAW. I CALLED HERE ON A WEDNESDAY MORNING AND THEY WERE ABLE TO SEE ME AT 12:30. I SAW DR. LAUREN AND REALLY LIKED HER. THE TECHNICIANS WERE ALL VERY FRIENDLY AND HELPFUL. I HAVE SINCE BEEN BACK FOR A ROOT CANAL AND CROWN.

THE STAFF IS GREAT. THEY TELL YOU THE COST OF EVERYTHING BEFORE THEY START, WHICH IS VERY HELPFUL. AFTER TRYING SEVERAL DENTISTS IN THE AREA I WILL RETURN HERE FOR ALL MY DENTAL NEEDS. STEPHANIE W.

MARK AND BECKY WERE ABSOLUTELY WONDERFUL AND ACTUALLY MAKE DENTIST TRIPS ENJOYABLE. HAD TO GET A SURPRISE ROOT CANAL AND THEY WERE ABLE TO TAKE 4 HOURS OUT OF THEIR DAY TO BE SURE TO MAKE MY EXTREME PAIN GO AWAY. I COULD NOT APPRECIATE THEM MORE FOR EVERYTHING THEY DID TODAY. SUMMIT FAMILY DENTAL GAVE ME A NEW PERSPECTIVE ON GOING TO THE DENTIST. JACOB B.

THIS IS HONESTLY ONE OF THE NICEST OFFICES I'VE EVER BEEN TO! THEY ARE SO KIND AND CARING AND THEY EVEN OFFER GIVEAWAYS! 10/10 RECOMMEND! ALEXANDRA G.



## ***FUN FACT***

So, as big as the schools are now a days it's fun to see that Melissa, our office manager was Vice President of her class of 8! I'm sure those kids definitely received one on one supervision. LOL Her managerial skills paid off because she is doing a great job running Summit Family Dental! LOOK She got employee of the month too!



## **MARCH EMPLOYEE OF THE MONTH CONGRATULATIONS MELISSA!!**







# Summit Family Dental

8136 21 MILE ROAD

SHELBY TOWNSHIP, MICHIGAN, 48317

INSIDE ISSUE  
SUMMIT FAMILY DENTAL'S  
NEWSLETTER

## CHEW ON THIS!

- Happy National Dentists Day
- Visit to St. Lawrence School
- Patient Reviews
- March giveaway!!
- Fun facts and March Employee of the Month!
- Happy St. Patrick's Day

Follow Us on Social Media

