

Summit Family Dental 8136 21 MILE ROAD, SHELBY TOWNSHIP, MICHIGAN, 48317

(586) 726 - 0606

JULY 2021 NEWSLETTER CHEW ON THIS!



It's so nice that summer is in full swing now! I hope that you all were able to enjoy a wonderful 4th of July holiday.

We recently had our SFD Summer Bash! It was a beautiful summer evening, enjoyed by all. Our team loves to get out of the office and have some fun! Spouses and dates came, too! Great food and drinks, fun games, and even a late night dance party made for some great memories. We are really fortunate to have such a great "work family" that loves to play just as hard as we work. Here's hoping that you are able to make many memories this summer and soak up every minute!

RESTRICTIONS LIFTED!!!

July 1st, the date we've all been waiting for! The date when all restrictions from Covid 19 are lifted and masks will no longer be required for anyone, regardless of vaccination status. Did we ever think this day would come? Covid 19 was and still is a very scary thing for quite a lot of people. Some of us lost our loved ones, some of us became very sick, and some were exposed but didn't even have any symptoms. Until it happens to you, it's hard to know what to expect. Getting vaccinated was such a touchy subject too. Some were very excited and ready to get the vaccination while others were and are still very hesitant. We will never forget this worldwide pandemic as it affected so many people's lives. Just because masks are no longer needed, it is still a great idea to take precautions. People did not realize what a mask really does to your mouth and oral hygiene.

Wearing a face mask dries out your mouth. This is because you're more likely to breathe out of your mouth and less likely to drink water while wearing one. It became known as "mask mouth"

restrictions lifted continued from page 1

Not only does an inadequate supply of saliva make your breath stink, but it can worsen your oral health. Saliva rinses leftover food debris off of your teeth. When these particles linger, oral bacteria feed on them and produce acidic waste that erodes enamel. This is what causes cavities. Dry mouth also increases your risk of gum disease. Saliva contains antimicrobial agents that can reduce the number of harmful bacteria in your mouth. When you don't have enough saliva, bacteria are more likely to irritate your gums. While it begins with mild inflammation, gum disease can quickly progress to the point that your teeth loosen or even fall out. Fortunately, there are ways to minimize these oral health risks while avoiding infection. Now that the mask restriction has been lifted we can go about our normal days and concentrate on our oral hygiene while breathing better too.

Team Highlight: MEET MEGAN

Meet Megan! She has been with Summit Family Dental for a year now. She is one of our awesome hygiene assistants and is rocking her job. Megan is taking classes to become a registered dental hygienist. She's learning so much here and will be an amazing one! She loves the summer and loves spending time at the lake and hanging out with her boyfriend and friends. Come in and wish Megan a happy birthday as she will be celebrating it this month. Happy Birthday Megan!



can wear

FOLLOW US ON TIK TOK @SUMMITFAMILYDENTAL

BIRTHD

HAPP

We like to share all the fun we have here. Not only do we work hard but we play hard

too



FOLLOW US ON TIK TOK

@SUMMITFAMILYDENTAL

We post new videos weekly!

WHAT OUR PATIENTS ARE SAYING ABOUT US

"My experience with Summit Dental "Olivia was wonderful! It seems was a very pleasant one. I felt very comfortable and everybody was very friendly and I got an awesome teeth cleaning!"

- Crystal M.



Happy Birthday America!! We all hope everyone had a safe and wonderful holiday!



OUR NEXT QUARTERLY CONTEST IS A YETI COOLER! Get those referrals in! More details to come

no matter who I encounter at symmit from the front desk to the doctors its always a pleasant experience!"--Paul R.



OUR EMPLOYEE OF THE MONTH FOR JULY CONGRATS KARYN!!!





MASK

Summit Family Dental 8136 21 MILE ROAD SHELBY TOWNSHIP, MICHIGAN, 48317

INSIDE ISSUE SUMMIT FAMILY DENTAL'S NEWSLETTER

CHEW ON THIS!

- Restrictions lifted as of July 1st!
- Team Highlight and Reviews
- Refer a friend to be entered to win a YETI cooler! Winner of OONI pizza oven will be announced next month



