



Summit Family Dental

8136 21 MILE ROAD, SHELBY TOWNSHIP, MICHIGAN, 48317
(586) 726-0606

JUNE 2023 NEWSLETTER



Our youngest child. Lauren, graduated last week. It really is amazing is how fast time went! Patients have told me that they remember me treating them with my big belly and having the baby kick them during their treatment!! It is such a time of reflection as a parent to think did I teach her all I wanted to before she leaves to be on her own? I don't think anyone can say that they have taught everything they wanted and that's ok. Her principal gave an amazing speech that focused on making time for your family as the years go on and that family is the most important to always be there for them, and that alone will help you with a lot of what you will face in the years ahead. Mark and I are so very proud of her and so excited for her future. She will be attending Michigan State University in the fall to study Marketing.

Yes, I know, we are now a house divided, and have a busy fall with lots of football games ahead!

WHAT IS THE BEST AGE TO START ORTHODONTICS?



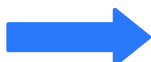
This is a great question that many parents ask! After all, you see people of all ages wearing traditional or clear braces and it can make you wonder if age actually matters. And, in fact, it does. The best age to receive your first orthodontic consultation is typically around age seven. It's important for an orthodontist to evaluate all children initially by this age, whether they end up needing treatment or not. The reason age seven is the best age to start is that is the easiest time to identify problems. The teeth are just beginning to erupt, so braces can be utilized, if needed, to make minor adjustments to guide the teeth into proper alignment. It's easier to fix these problems in children than it is in adults because a child's jawbones are still developing. Achieving proper alignment is easier and less costly if you invest in early orthodontic treatment. Children can take between 6 months and 2 years to complete treatment. Besides saving time and money, starting orthodontic treatment early can save your child a lot of pain. Misaligned teeth, as well as a misaligned bite, can result in TMJ disorder. This condition can lead to facial pain, jaw swelling, chronic headaches, difficulty chewing, airway disorders and chipped or cracked teeth. Early orthodontic treatment includes fixed or removable appliances, palate expanders, space maintainers, and more. Phase 1 takes place when your child doesn't have all their permanent teeth yet. In some cases, kids still have some baby teeth when Phase 1 begins. This phase can address a child with an underbite, overbite, crossbite, crowded teeth, gapped teeth and abnormal number of teeth. If your child sucks on a pacifier or thumb, this habit can negatively affect teeth and jaw over time. Phase 1 can address these issues. Phase 2 begins once your child has all their permanent teeth. This may include traditional braces or clear aligners.

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Even if your child doesn't need Phase 1 treatment, it's important for them to have regular check-ups every 6 months. It is very important to have good oral hygiene habits especially while your child is in any type of orthodontics. Make sure they brush at least twice a day. An electric toothbrush is very helpful at removing the plaque around the bands and brackets. I always recommend a water pik as well. This will help remove the debris around the brackets as well as massage the gums and promote better gum health. Fluoride is such an important factor while in braces. It will help reduce decay up to 70%! Not only is a fluoride treatment at the dental office important but an over the counter rinse is important too. Make sure you ask your hygienist for more tips about oral hygiene and braces.

Karyn Casey RDH

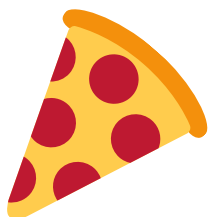
**JUNE EMPLOYEE OF
THE MONTH
CONGRATULATIONS
CAROLYN-FOR GOING
ABOVE AND BEYOND**



COME TO OUR FIRST PATIENT APPRECIATION DAY

**COME JOIN US ON
JUNE 23 2023 11AM-2PM
BOUNCE HOUSE, PIZZA
AND LOTS OF GIVEAWAYS
JUST BECAUSE WE
APPRECIATE OUR
PATIENTS!!!**

fun



WHAT OUR PATIENTS ARE SAYING ABOUT US

I WAS A NEW PATIENT COMING IN AND I IMMEDIATELY FELT COMFORTABLE AS SOON I WALKED INTO THEIR OFFICE. THE HYGIENIST SAVANNAH WAS REALLY KIND AND MADE SMALL TALK WITH ME AS I WAS GETTING MY X-RAYS DONE. THE SMALL TALK HELPED ME BE CALM AND NOT SO ANXIOUS. I WAS EVEN OFFERED A GOODIE BAG! THE DOCTOR LAUREN WAS VERY NICE AND PROFESSIONAL. I CAN GUARANTEE SHE KNOWS HER STUFF. THE STAFF WAS VERY EASY TO TALK TO AND PLEASANT. I DIDN'T FEEL LIKE I WAS BEING JUDGED AT ALL. DEFINITELY LOOKING FORWARD TO HAVING MY WORK DONE HERE IN THE FUTURE. ALINA T.

ALWAYS 5-STAR SERVICE WHEN I GO. CAROLYN AND KAITLYN ARE AMAZING. THEY MAKE SURE THAT I KNEW IN ADVANCE WHAT THEY WERE ABOUT TO DO SO THERE WERE NO SURPRISES. I WAS INFORMED ABOUT ALL THE SERVICES AVAILABLE TO ME FROM TEETH WHITENING TO PARTIALS.. CAROLYN IS PROFESSIONAL AND OF COURSE, SHE ALWAYS MAKES ME LAUGH. THE DOCTORS ARE KNOWLEDGEABLE AND SUPER NICE. IT'S JUST A REALLY WELL PUT TOGETHER OFFICE STAFF. SONIA H.



Team Highlight: MEET KAYLEE



Kaylee is a 2020 Chippewa Valley graduate who is continuing her education at Macomb Community College. She started working at Summit Family Dental in the beginning of March 2023. Kaylee is learning the ins and outs of being the front desk coordinator and loving every minute of it. In her free time she enjoys being outside and walking her dog Zuko. She loves to watch TV and staying in as well. Kaylee is looking forward to a fabulous summer and hoping for some great weather. Let's give Kaylee a warm welcome when you come to visit us.





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INSIDE ISSUE SUMMIT FAMILY DENTAL'S NEWSLETTER CHEW ON THIS!

SAVE THE DATE!!!
FRIDAY SEPTEMBER 8TH,
2023 SMILES FOR FREEDOM



- What is the best age to start Ortho?
- June Employee of the month
- Patient Appreciation Day June 23, 2023 11-2
- Patient Reviews
- Team Highlight
- September 8th Free Day for Veterans



Follow Us on Social Media



*Free dental care
for Veterans! **