



Summit Family Dental

8136 21 MILE ROAD, SHELBY TOWNSHIP, MICHIGAN, 48317
(586) 726-0606

JANUARY 2024 NEWSLETTER



Happy New Year! I hope you all had a wonderful, special time with family and friends this past holiday season. Mark and I were able to get away for a couple days to go up north and go skiing with the kids. Not much snow, with this crazy start to winter, but we were still able to get some skiing in. It was so nice to have the kids home from college and spend some time together.

I also wanted to remind you that a new year brings a fresh benefit plan to allow you to get any dental treatment finished before it progresses to something more serious. As always, we can help you maximize your benefit plan!



NEW YEAR NEW YOU!!



HAPPY NEW YEAR EVERYONE! I hope the holidays treated everyone great! My mom came from California to visit us so I've been having a wonderful time visiting with her and she is enjoying her only great grand son which keeps us all entertained. I know some people have New Year's Resolutions. They tend to focus more on fitness than their overall health, which is great. Whether or not you want to lose 5 pounds or maybe get a gym membership. Well most people tend to listen to their primary care physician and make their annual appointments. Most people listen to their obstetrician and make their annual mammogram. And most people listen to their doctor and schedule their first colonoscopy after the age of 50. (well I did the cologuard box which isn't the same but it was good for me! LOL) My point to this is, that people tend to value their health and commit to their appointments. But sometimes they don't value their oral health like they do their body. Your health starts in your mouth. I'm hoping you all read my December newsletter. It was all about gingivitis and the importance of brushing and keeping your teeth cleaned. When you have



acute leukemia

gingivitis, there is chronic inflammation in your mouth. Your mouth is the gateway to your body. To understand how the mouth can affect the body, it helps to understand what can go wrong in the first place. The picture to the left is from someone with acute leukemia. Yes, this looks like gingivitis or red inflamed gums. Another reason why it is so important to keep your 6 month recall appointments so as health care providers we can detect any changes in your gum tissue. Every 6 months the dentist comes in and does an oral cancer check, not only to detect cancer, but

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autoimmune diseases such as lupus and Crohn's disease can cause sore red spots in the mouth. Lichen planus, another condition that seems to be linked to immune function, frequently shows up as sores on the skin and white spots in the mouth. Bacteria that builds up on teeth make gums prone to infection. The immune system moves in to attack the infection and the gums become inflamed. The inflammation continues unless the infection is brought under control. So, I think everyone's New Year Resolution is to keep your appointment with your dentist and value it. Or make an appointment to come in and see us.

Even if it's been awhile, no matter how hard the past, you can always begin again.

Karyn Casey RDH



FUN FACT DID YOU KNOW?

One of our amazing dental assistants, Savannah has 5 chickens!! She loves living in the country and loves the outdoor life. Her chickens, Bertha, Wilma, Thelma, Dixie and Chiquita all welcome her outside her door everyday! It's exciting for her to collect the eggs on a daily basis. Typically they produce 5 eggs a day! That's a lot of omeletes. LOL



THIS QUARTERS CONTEST IS:

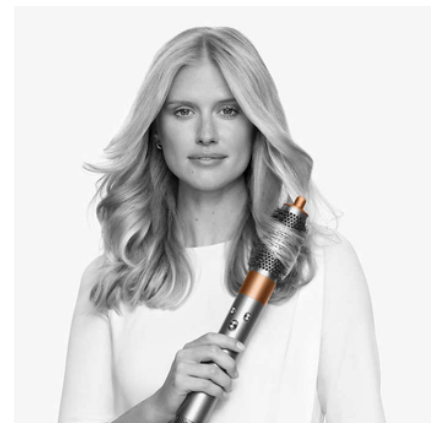
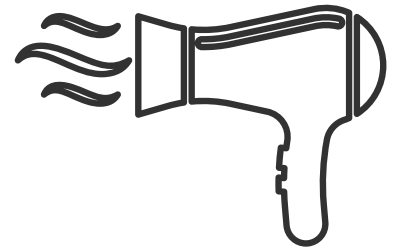
NEW YEAR NEW YOU!!

**NEW DYSON
AIRWRAP**

**INCLUDES: 1.2" AIRWRAP
BARREL, ROUND VOLUMIZING
BRUSH, & COANDA
SMOOTHING DRYER**

**DRY, CURL, SMOOTH, AND
HIDE FLYAWAYS WITH NO
EXTREME HEAT
THREE PRECISE AIRFLOW
SPEEDS AND THREE HEAT
SETTINGS TO SUIT YOUR
STYLING**

**COLD SHOT IMMEDIATELY
DEACTIVATES THE HEATING
ELEMENT, FOR COOLER AIR
TO SET YOUR STYLE**



WHAT OUR PATIENTS ARE SAYING ABOUT US

I HAVE NEVER LOVED GOING TO THE DENTIST UNTIL I STARTED GOING HERE. THEY HAVE THE BEST HARD WORKING TEAM THAT IS SUPER FRIENDLY, AMAZING, AND CARING. I HIGHLY RECOMMEND GOING TO DR. LAUREN DIBARTOLOMEO. SHE IS THE BEST DENTIST I HAVE EVER HAD. SHE DOES AMAZING WORK EVERY TIME. HER TEAM THAT SHE WORKS WITH ALWAYS HAS A FRIENDLY, FUNNY, AND HAPPY ATTITUDE. S. SEVENER

THE BEST PLACE ON EARTH FOR DENTAL CARE. DR MARK AND DR KRISTA ARE THE DYNAMIC DUO BOTH ARE SO SKILLED AND CARE SO MUCH ABOUT THEIR PATIENTS. EXCELLENT STAFF AS WELL BECKY AND KATIE TREAT THE PATIENTS AS IF THEY ARE FAMILY WITH SUCH TENDER LOVING CARE. THEY ALL GO ABOVE AND BEYOND AND USUALLY LEAVE YOU WITH A LAUGH AS WELL. I TELL EVERYONE ABOUT SUMMIT FAMILY DENTAL J YACOU

BEEN A PATIENT FOR YEAR AND THERE IS A REASON FOR THAT! DR. KRISTA IS THE BEST IN TOWN AND I COULD NOT ASK FOR A BETTER DOCTOR. KATIE HAS BEEN SO KIND AND SWEET AND IT HAS BEEN GREAT WORKING WITH HER AS WELL. HIGHLY RECOMMEND SUMMIT FAMILY AND THE WHOLE TEAM!! J. SONNTAG

Our first year attempting to adopt a family was a huge success, thanks to everyone who referred a patient and gave us a google review.

I think patients appreciated that we were “giving back” and was very excited to help a family in need. And I think “our family” had a wonderful Christmas despite the loss of their loved ones. They have a variety of gift cards to use this season. From restaurants, to game stop, to target and Wal-Mart, I think this will help cover their wants and needs. So thank you all again.

AND SANTA WAS A HUGE SUCCESS

Thank you to everyone that came and saw our awesome Santa and elf last month. They were very excited to come and take pictures with all the wonderful kids that came. We hope everyone had an amazing time.



Avery 19 Months
my beautiful grandson



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INSIDE ISSUE SUMMIT FAMILY DENTAL'S NEWSLETTER

CHEW ON THIS!

Happy
New Year
2024

- NEW YEAR NEW YOU!
- January Employee the Month
- Patient reviews
- Adopting family, google reviews and thank you to Santa
- New contest

Follow Us on Social Media

