



# Summit Family Dental

8136 21 MILE ROAD, SHELBY TOWNSHIP, MICHIGAN, 48317  
(586) 726-0606

## FEBRUARY 2023 NEWSLETTER



February is National Children's Dental Health month. The American Dental Association first celebrated this month in 1949! It is a month used to raise awareness of the need for oral health of children and the need for dental visits. We see kids of all ages at our office, usually starting at 3 years old. It is so important to screen children for any risks of cavities before they get to be too deep in the tooth.

Children's teeth don't have as thick of enamel as an adult, and a cavity can spread very fast if not taken care of early. Also, a very important screening is to check a child's airway. Did you know that as dentists, we can see if a child has an airway problem often due to a narrow upper jaw, or large tonsils/adenoids? Often, a child that doesn't have a good sized airway will have difficulty breathing during the day and at night. Mouth breathing during the day can cause a dry mouth and cavities. Poor breathing at night can cause daytime sleepiness and signs of ADD/ADHD. Please ask us about any of these areas the next time you are here!

*Dr. Krista Wortman*

## HAPPY NATIONAL TOOTH FAIRY DAY and when do babies get their first tooth?



Twice a year on August 22 and February 28, we celebrate the excitement of children losing their primary teeth with National Tooth Fairy Day. Most kids are demonstrating patience for the Tooth Fairy's visit, with more than half of parents reporting that their child waited for their loose tooth to fall out, unlike 18% of their children that pulled their own tooth! Having 4 kids, each one of mine were different. My boys typically wanted to pull their own teeth out while my girls didn't even want to look at the wiggly tooth. One in 3 parents agree that the Tooth fairy is a positive way to instill good oral health habits in their child. For me, as I had more kids and got busier I had to really remember to tuck my kids in and put their tooth under their pillow so the tooth fairy would come. There were a handful of times that the tooth fairy forgot and was overwhelmed with so many kids losing their teeth. LOL That leads us to the question, "When do babies get their first tooth?" Well bottom incisors (bottom front teeth) are usually the first to come through, usually at around 5 to 7 months. Top incisors (top front teeth) tend to come through about 6 to 8 months. But this can vary for each individual baby. During the teething period there are symptoms that include irritability, disrupted sleep, swelling or inflammation of the gums, drooling, loss of appetite, rash around mouth, mild temperature, diarrhea, increased biting and gum rubbing. Most doctors will say that when babies are "teething" that has nothing to do with ear infections. But I beg to differ. With my 2nd child with every tooth that erupted she got an ear infection. Not sure if that was a coincidence but it seemed like it was a steady pattern to me. She eventually had to get tubes in her ears which helped out a lot. Teething takes about 8 days, which includes 4 days before and 3 days after the tooth comes through the gum. (You may see a blue-gray bubble on the gum where the tooth is about to appear. This is called an eruption cyst and will usually go away without treatment.

*continue to pg 2*

To help soothe your baby during teething, opt for solid, frozen teething rings, a frozen washcloth, or massaging their gums with your fingers. That combination of cold and pressure is soothing. My grandbaby Avery got his first teeth at 8 months old! He was a little cranky but "nana" didn't care at all. If I knew how sweet grandbabies were I would of had them first!

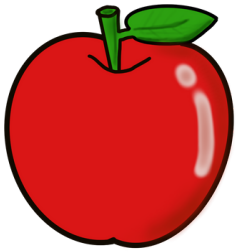
Karyn Casey RDH



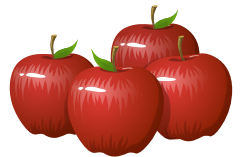
AVERY JOHN  
9 MO OLD



# APPLE GIVEAWAY!



ASK US ABOUT OUR HANGING APPLES IN THE OFFICE!!



WE APPRECIATE ALL YOU DO TO HELP US GROW  
SUMMIT FAMILY DENTAL



MACBOOK PRO 13"

**FREE**



AIRPODS

*If you have had a great experience, please let your friends and family know about us!*

**DRAWING HELD ON FEB 28, 2023**



# WHAT OUR PATIENTS ARE SAYING ABOUT US

AS A NEW PATIENT I CAN SEE WHY THEY HAVE BEEN IN BUSINESS FOR SUCH A LONG TIME.. THE HIGHEST LEVEL OF CARE BY THE DOCTOR AND HER ASSISTANT MADE ME VERY COMFORTABLE FROM THE START...HAD A CROWN DONE DAY OF, ON MY 1ST VISITREALLY IMPRESSED, & VERY PLEASED WITHTHE OUTCOME...HIGHLY RECOMMENDED! JEFF D.

TODAY WAS MY FIRST VISIT, I HAVE TO SAY IT WAS THE BEST DENTAL VISIT I'VE EVER HAD! I WAS WARMLY WELCOMED. THE WAITING AREA IS VERY CLEAN AS ARE THE EXAM ROOMS. KATIE DID MY X-RAYS QUICKLY AND VERY COMFORTABLY. SHE WAS SWEET AND WELL MANNERED. DR. MARK WAS GREAT! HE EXPLAINED EVERYTHING TO ME AND ADDRESSED ALL OF MY CONCERNS. OVERALLL THIS IS A GREAT OFFICE AND THEY EXCEEDED MY EXPECTATIONS. BROOKE H

THEY ARE AMAZING. THEY GRACIOUSLY AGREED TO STAY OPEN LATER, ON A FRIDAY NO LESS, BECAUSE I WAS IN THE WORST PAIN I HAVE EVER FELT IN MY LEGIT ENTIRE LIFE. NOT ONLY DID I LEAVE THERE PAIN FREE AND FEELING WORLDS BETTER, THEY WERE ALL SO SO NICE. I HIGHLY RECOMMEND THEM!! KRISTY



## ***FUN FACT***

Did you know that our hygienist Carolyn wanted to be a comedian when she grew up? Well she didn't make it in comedy but she is pretty funny! And a great hygienist too! She definitely loves her makeup.

**FEBRUARY EMPLOYEE  
OF THE MONTH  
CONGRATULATIONS  
OLIVIA!!**





Summit Family Dental  
8136 21 MILE ROAD  
SHELBY TOWNSHIP, MICHIGAN, 48317

INSIDE ISSUE  
SUMMIT FAMILY DENTAL'S  
NEWSLETTER

CHEW ON THIS!

- Happy National Tooth Fairy Day and infant teething
- Apple Giveaway Drawing on February 28, 2023
- Patient Reviews
- Fun facts and February Employee of the Month!

Follow Us on Social Media

