



# Summit Family Dental

8136 21 MILE ROAD, SHELBY TOWNSHIP, MICHIGAN, 48317  
(586) 726-0606

**AUGUST 2021 NEWSLETTER**

## CHEW ON THIS!



Meet the newest addition to the Wortman Household, Daisy! She is only 11 weeks old as of this picture. Sadly, we had to say goodbye recently to our golden retriever of 11 years, Sandy. It was just too quiet around the house for me, and I broke down and brought this puppy home! Wow, did Mark and I ever forget how crazy it is to have a little puppy. Her cuteness sure makes up for all the chaos, that's for sure! I would love to hear any puppy training tips the next time I see you at Summit! Until then, enjoy the rest of this beautiful summer!

## Charcoal for Whitening Your Teeth?

The use of charcoal is becoming popular these days. The uses of charcoal can be anything from kidney health, relieving gas retention, water filtration and skin care. Charcoal has even been promoted as an effective tooth whitener. One would think that as prevalent as charcoal is, there should be no concern in using it. Think again.

More research is needed on the long-term effects of charcoal toothpaste. A 2017 review warns that dentist should advise their patients to be cautious when using charcoal-based toothpaste due to its unproven claims and safety. Here is what we know about charcoal toothpaste so far:

- Charcoal toothpaste is too abrasive for everyday use
- Most charcoal toothpaste brands don't contain fluoride
- Charcoal may cause staining on some teeth and dental restorations such as veneers, crowns and composite fillings
- Charcoal's effect on dental restorations isn't known
- Everyday use could cause tooth sensitivity

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Are there any benefits to using charcoal toothpaste? It is reported to remove surface stains on the teeth and improve bad breath in some instances. But despite its popularity, there's no scientific evidence backing up activated charcoal's benefits for teeth. Since there's no data behind the claims that activated charcoal is safe or effective, products containing this ingredient are not eligible for the American Dental Association (ADA) Seal of Acceptance. According to the ADA, activated charcoal's abrasive texture might even harm rather than whiten teeth by wearing down tooth enamel. I often recommend a whitening toothpaste like Colgate Optic Whitening or Crest 3-D whitening combined with an electric toothbrush for someone who wants to try to brighten their smile over the counter.



Meet Olivia! This month is Olivia's one year anniversary at Summit Family Dental. Everyone here knows her as Liv! She is the first person you see when you walk into our office and she always has a smile on her face. She is doing an excellent job working as our patient specialist and everyone loves her. On her spare time she loves soaking up the sun and hanging out with friends and family. She also enjoys binge watching Disney movies and cuddling with her dog Abby, which is a sweet Yorkie Poo!



## Team Highlight: MEET OLIVIA



**WIN A YETI COOLER!!**  
Refer your friends and family and receive 3 entries into our drawing on September 30th!



# WHAT OUR PATIENTS SAYING ABOUT US

I've been going here for years. I left in 2009 because of the drive. I went to a dentist closer to home.

That was big mistake. I went back here. the drive is worth it! Now my parents, my best friend and her son go here. they are fantastic. Very personable and caring. I highly recommend them.

Melody W.

This place is the best! I have had a really deep seated fear of dentist's and Dr. Lauren was able to help me overcome my phobia. Her compassionate professionalism and willingness to be patient has made me a patient for life! Sierra and the entire staff are friendly and knowledgeable and they always greet you with a smile. Thank you all for taking such good care of my smile! Leanna N

I'm their new patient and I would like to share my positive opinion about my latest experience with Summit Family Dental. I found their staff very professional, quick, understanding and amicable. Special thanks to Dr. Mark and Dr. Krista who took care of me in a fashionable way. I had a general cleaning, 8 fillings and one tooth extraction which were completed in only three short appointments within a week span. They did a great job on me. I'm happy that I found them and would definitely recommend this clinic. ---Albion V



## CONGRATULATIONS ARE IN ORDER!

**CAROLYN M.**

**AUGUST EMPLOYEE OF THE MONTH  
CONGRATS CAROLYN!**

The winner  
of the OONI  
Pizza Oven  
Thanks so  
much for  
referring your  
friends and  
family!





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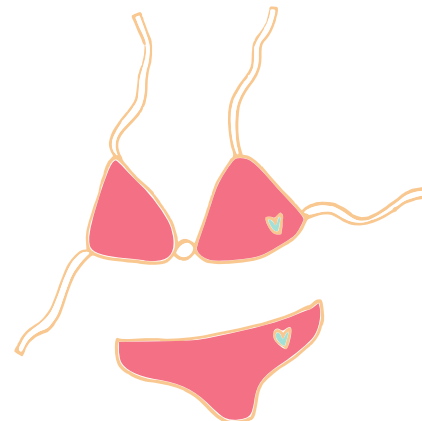
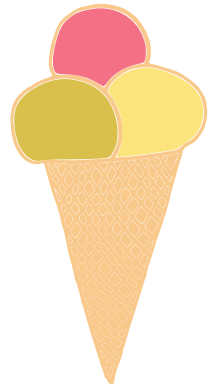
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## INSIDE ISSUE SUMMIT FAMILY DENTAL'S NEWSLETTER

### CHEW ON THIS!

- Charcoal for Whitening teeth?
- Team Highlight and Reviews
- Refer a friend to be entered to win a YETI Cooler. Drawing September 30th
- Winner of the OONI Pizza Oven
- August Employee of the Month



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