



Summit Family Dental

8136 21 MILE ROAD, SHELBY TOWNSHIP, MICHIGAN, 48317
(586) 726-0606

AUGUST 2023 NEWSLETTER



FREE **FRIDAY**
SEPTEMBER
8TH, 2023

Dental Care
for Veterans*
8AM-1PM

Hello! I hope your summer is going well. It's hard to believe that it's already August. Looking ahead to September, I want to remind you that we are hosting our annual FREE DENTAL DAY, this year, for our veterans. Our team really loves this day to give back to those who have served us all to keep our freedoms. It is a day we all volunteer our time and resources to help any veteran. We try to spread the word as much as possible, and would greatly appreciate you contacting any veteran or veteran's groups that you are aware of to have them come out for the day. We try to treat as much as possible during their dental visit. No appointment is necessary, just show up between 8am to 1pm September 8th. We hope for an amazing turnout! Again, thank you for being a patient of Summit Family Dental. We appreciate you!

Dr. Krista Wortman

The Between may not be Clean if you Don't Use the String



Electric Flossing tools can promote healthy dental hygiene. Water Pik and Sonicare AirFloss are two of them. WaterPik and other water flossers use a continuous stream of water, while Air Flossers rely on the blast or air rather than the micro-droplets of water delivered with the air. As a result, some dentists believe it removes more plaque than the air flosser and is more effective in reducing gingivitis. Using the Air Flosser is quite simple. First, the guide on the tip of the air flosser directs you along to the spaces between your teeth. Then, you click for the blast of air and micro-droplets of water to do its work. You can air floss your whole mouth in just half a minute. I'm still very partial to a Water Pik. When I talk about a Water Pik to my patients, I tell them to get one that has levels from 1-15. So you can start at a level that is comfortable to you then as your gums get used to the stream of water you can increase the level to promote better gum health. Patients with braces or fixed bridges benefit from a water or air flosser because those tools can

continue to pg 2

The between may not be clean if you don't use the string from pg. 1

loosen the debris that string floss is difficult to reach. Additionally, these instruments are great for preventing gum disease; they clean gum pockets that floss may be unable to get. They serve a need specifically for gum health that traditional floss does not fulfill. Many patients wonder if an air flosser or water flosser can replace manual string flossing or even brushing! However, most dentists and dental hygienists still value regular string flossing. They recommend string flossing even with an air or water flosser. String flossing physically scrapes the tooth to remove plaque; no other technology can beat that scraping motion. Of course, the best flossing tool will be the one you will actually use daily. But, all professionals agree that neither the water nor the air flosser takes the place of a toothbrush.



Karyn Casey RDH

CONGRATULATIONS SARA C. for winning the \$1000 scholarship from Summit Family Dental. We hope you enjoy your first year at college!!



**AUGUST EMPLOYEE OF THE MONTH:
CONGRATULATIONS NORA!**



DON'T FORGET

FREE DENTAL DAY FOR VETERANS!!

SAVE THE DATE!!!

**FRIDAY SEPTEMBER 8TH,
2023 SMILES FOR FREEDOM**



WHAT OUR PATIENTS ARE SAYING ABOUT US

FIRST TIME AT SUMMIT , AFTER I WAS REFERRED AND HANAN WAS EXCELLENT. VERY PROFESSIONAL AND THOROUGH. THE STAFF WAS GREAT AND I AM GOING TO PASS THE REFERRAL ON TO EVERYONE I KNOW. FRANK M.

I LOVE CAROLYN! SHE IS ALWAYS SO FRIENDLY AND HELPFUL. SHE LISTENS TO WHEN I INFORM HER THAT I HAVE AREAS OF SENSITIVITY AND ADDRESSES THEM. SHE HAS MADE MANY RECOMMENDATIONS, WHICH I HAVE IMPLEMENTED AND HAS HELPED WITH MY OVERALL DENTAL CHECKUPS. SHE ALSO DOES AN OUTSTANDING JOB OF CLEANING MY TEETH AND REMOVING STAINS. SHE'S THE BEST! KELLY H.

KATIE AND DR. MARK WERE EXCELLENT AND VERY PROFESSIONAL. THEY ANSWERED ALL MY QUESTIONS AND WERE HAPPY TO SHARE THEIR PERSONAL OPINIONS AND EXPERIENCES WITH REGARD TO SLEEP DEVICES. MELLISA H.

Team Highlight: MEET NORA

class
OF
2023



Nora grew up in Sterling Heights and graduated from Stevenson High School. She did a health internship her senior year where she found a passion for the dental field. Nora completed her college degree at the University of Michigan with her Bachelor's of Science in Dental Hygiene. GO BLUE! She has one brother and one sister and two amazing parents which helped her accomplish her goals.

Nora has great passion in helping others and educating patients on how to achieve optimal oral health. Outside of work she loves spending time with her family and enjoys cooking.



NEXT CONTEST! WIN AN OONI OVEN

DRAWING TO BE HELD SEPT.29,2023

Your outdoor kitchen is complete with an OONI pizza oven! Cook authentic, delicious pizza right in your backyard.



ASK US HOW TO WIN!!



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INSIDE ISSUE



SUMMIT FAMILY DENTAL'S NEWSLETTER

CHEW ON THIS!

- Comparing Water Flossing
- Winner of \$1000 scholarship
- August Employee of the month
- Save the date Sept. 8th, 2023-smiles for Freedom
- Patient Reviews
- Team Highlight



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